



A CENTRE FOR BEREAVEMENT AND HEALING

# 2021 Annual Report

March 2021 – March 2022

*Support  
Partner  
Educate*



# Message from our Chair



2021 was dominated by the unexpected continuation of the Covid-19 global pandemic. Health care systems, including mental health care, were stretched to the absolute limits. Remote or virtual support continued to be the safest route and so Oasis continued throughout the year to support grieving community members through online resources.

Oasis hosted community webinars that included "Laughter Yoga" and "Grief and the Pandemic" which were very well received by those in attendance. Board reflection discussion after these events included creating recordings of future webinars as resources on our website. We are also excited to revive our storytelling project ideas for implementation this coming fall. Having community members tell their stories is therapeutic for both storyteller and listener and we look forward to this meaningful addition to our online resources.

We continued to meet with community grief support providers throughout the year to continue to fulfill our mandate of being a hub of all available grief and bereavement resources in York Region. This year saw the addition of several End Of Life Doulas to our list of providers.

Preparations for our bi-annual marquis fundraiser - The Empty Chair Auction - continued throughout the year. The chairs were delivered to artists in June 2021 and most were complete by the fall. Artists noted how creating a chair is a form of working through grief in itself. Preparation of promotional materials and venue preparations were ongoing through the early part of 2022. We look forward to seeing our second undertaking of this special event complete in May!

I continue to be incredibly grateful to board members, Christine Glenn, Juliet Irish, Lisa Snow and Tony Van Bynen for their ongoing and steadfast work towards helping those who grieve. Many, many thanks.

Michelle Nye, Chair



## Our Officers

Michelle Nye – *Chair*

Christine Glenn – *Treasurer*

Lisa Snow – *Secretary*

## Our Directors

Juliet Irish – *Director*

Tony Van Bynen – *Honorary Chair*

## Connect with Us



[www.oasisbereavement.ca](http://www.oasisbereavement.ca)



@oasisbereavement



[info@oasisbereavement.ca](mailto:info@oasisbereavement.ca)

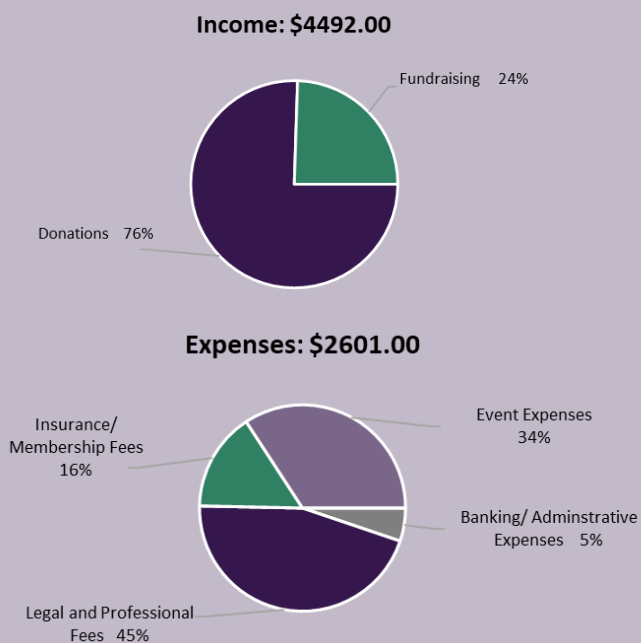
**Our Mission:** To help all members of the York Region community navigate their grief journey by providing a central network of safe and valuable resources and support.

**Our Vision:** To uncover and honour grief as a normal and healthy process that is vital to living with purpose and meaning after a loved one has died.

**How we succeed:** Leveraging partnerships with community groups and organizations, we solve for existing challenges in the grief services landscape and enable successful individual outcomes

## Financials

### Beginning of Year Net Assets (as of March 31, 2021): \$15,383



### End of Year Net Assets (as of March 31, 2022): \$17,274

2022/2023 Proposed Budget		
<b>Revenue</b>	Fundraising	\$8,000
	Donations	\$0
	Ornaments	\$200
	<b>Total Revenue</b>	<b>\$8,200</b>
<b>Expenses</b>	Ads and Promotions	
	Bank Charges and Interest	\$65
	Fundraising Expenses	\$1,000
	Membership Fees	\$150
	Honorarium	\$500
	Insurance	\$500
	Office and General	\$100
	Website Design and Maintenance	\$0
	Professional Fees	\$1,000
	Other	\$5,000
	<b>Total Expenses</b>	<b>\$8,315</b>

## Our Volunteers & Donors

As a non-profit organization, **our volunteers and donors are our lifblood**; from our board of directors to the students that help out at our events, to community members who support us financially. Without them and their dedication we would not be able to achieve everything we set out to do. Thank you!

If you would like to **connect with us as a volunteer**, please email us at [info@oasisbereavement.ca](mailto:info@oasisbereavement.ca).

**SUPPORT**

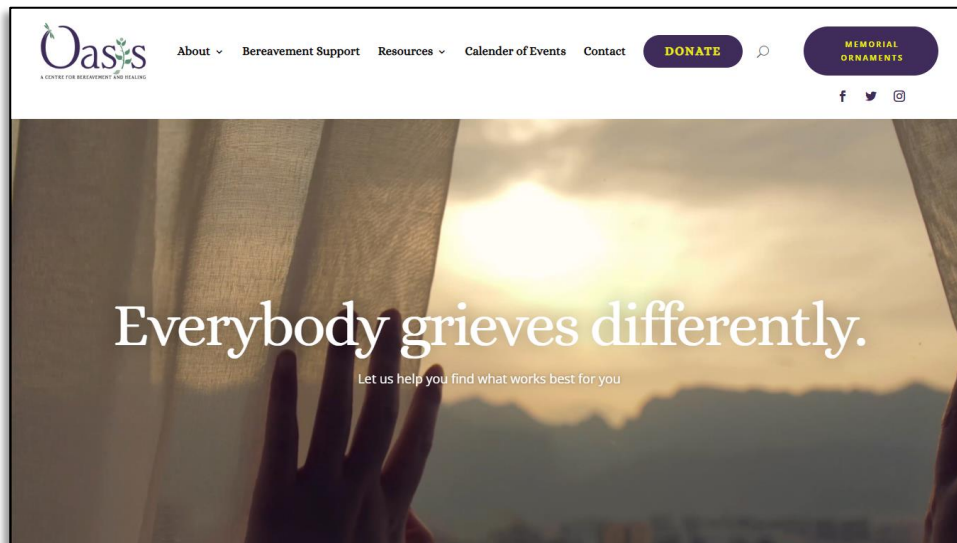
**PARTNER**

**EDUCATE**

# Our Hub

Our website continues to be the central point for information and resources to support community members in navigating their grief journey. The website was redesigned in November 2020 and continues to be updated frequently with quick access to **partner events** through a central calendar and a wide variety of **bereavement support resources** organized by category.

Visit us at [www.oasisbereavement.com](http://www.oasisbereavement.com) to access resources relevant to your experience on demand, when you need them.



[www.oasisbereavement.com](http://www.oasisbereavement.com)

## Looking Forward

### Fundraising

#### Empty Chair Auction

We are pleased to announce that our exciting Empty Chair Auction will be returning in the Spring of 2022! We have engaged with a variety of talented artists throughout York Region to put their stamp on brand new Muskoka chairs that will be available for bidding at our signature fundraising event. Stay tuned to our website and Facebook page for stories and pictures from our artists as the chairs are transformed.



#### Legacy Ornaments

Oasis, in partnership with Michelle Cowen, will be offering handmade, customizable clay ornaments for sale, in support of the individual bereavement journey. Michelle is donating her time, skills, and profits from these ornaments to Oasis as an ongoing fundraiser. More examples of available ornaments can be found at <https://michellesmusings.ca/>.



### Webinar Series



Oasis kicked off our **virtual webinar series** in March 2021 with a fun and therapeutic **Laughter Yoga** session with our friend Cathy Nesbitt, and an educational **Grief and the Pandemic** session with Jo-Ann McRogers of The Heart Collective in April 2021. We continue to explore additional information and support sessions to offer the community.

In addition to events offered by Oasis, we provide details of our partner-led events on the calendar on our website (<https://oasisbereavement.com>) and on our Facebook page (<https://www.facebook.com/oasisbereavement>).

Follow us to stay up to date on all of these important events intended to support our community in their bereavement journey.