



TIDES OF GRIEF: ANCHORING TOGETHER

IN-PERSON, EVERY OTHER WEEK

Join Julia for **TEEN TIDES OF GRIEF:
ANCHORING TOGETHER** - a 6-week
group for teens (13-17) who have
experienced a death.

Through conversation and creative
activities, teens will have the
opportunity to process and express
their grief journey amongst others
with similar experiences.

**every other TUESDAY
6:30-8:00 PM
HOPE HOUSE AURORA**



To register or for information, contact Julia:
j.zinn@hopehousehospice.com
or 905-727-6815 x228

If you are new to Hope House, contact Intake:
programs@hopehousehospice.com
or 905-727-6815 x223

All programs & services at Hope House are offered at no charge.

Donations are always appreciated

Our professional staff and dedicated volunteers provide innovative, personalized compassionate support—at no cost—to people diagnosed with a life-threatening illness, their families and caregivers and those who are bereaved.